

Royal Navy Forum Lowdown



September 2026

Welcome to this month's RN Forum Lowdown

The RN Forum is the Royal Navy's main area to share information and to engage with family and friends.

Each month we will be collating the information posted onto the RN Forum into a monthly Round-up – just in case you missed anything.

So here it is...!

RN Forum News

Royal Navy

[Royal Navy 60 Second Update - Episode 232](#)

[Royal Navy 60 Second Update - Episode 233](#)

General

[Forces Children Scotland - This Resource Is Available For All To Use.](#)

[UK Nursery Authority.\(UKNA\) registration and claims information now available.](#)

[Beyond the Wire's Bereavement Hub is Live](#)

[Navigating Periods of Separation: New Resource for Royal Navy Families](#)

[Remembrance Weekend - Free Rail Travel for Bereaved Families](#)

[Are You Pension Aware? Free Live Webinar: Understanding Your AFPS](#)

[Forces Pension Week](#)

[Service Pupil Premium 2026: Extra Funding for Service Children](#)

[Armed Forces Covenant Fund Trust - Collaboration Lab Survey](#)

Housing

[Latest DIO Information Updates - July 2026](#)

[Defence Stakeholder Briefing 27 August 2026](#)

[Tri-Service Contact Housing Directory](#)

[DIO Update - Help Shape the Future of Service Family Housing](#)

Employment

[Portsmouth Area Community Centre Manager / Leisure Amenities Fund Assistant - HMNB PORTSMOUTH](#)

[Recruit For Spouses Latest Events and Employment Opportunities](#)

Finance

[Support for LGBT Veterans Impacted by the Armed Forces Ban \(27 July 1967-12 January 2000\)](#)

[First Defence Finance - Let's Talk Money Financial Blogs](#)

[Serve and Protect Credit Union Upcoming Webinars - October 2026](#)

Newsletters and Magazines

[The Latest Illegal Money Lending Team Newsletter - Summer 2026](#)

[Argyll & Bute Council - Armed Forces Children and Young People Sep 2026 Newsletter](#)

[Royal Naval Benevolent Trust - Latest Newsletter](#)

Community Events

RN FPS

[Check for Upcoming Events on Member Events and Activities](#)

[FWG Days Out - New Additions for 2026](#)

RN FPS Local Area

[Edinburgh Castle Tour - Saturday 26th September 2026, 1100 - 1500](#)

[Home-Start Lomond Groups](#)

[Connected Families Activity Day and Family Weekend - Helensburgh - 16-18 October 2026](#)

[Halloween Disco - Culdrose](#)

[100 Years of TV - Helensburgh](#)

[FWG Days Out - New additions for 2026 - Time to book..!](#)

[Halloween Children's Entertainment & Magic Show - Arbroath](#)

[Pumpkin Carving - Arbroath Families Centre](#)

[Halloween Activities in the Portsmouth Area](#)

[Halloween Party - Radford - Plymouth](#)

[Halloween Party - Crownhill - Plymouth](#)

[Kings Camps Activity Camp - Lomond School, Helensburgh](#)

[Kings Camps Activity Camp - Cams Hill School, Fareham](#)

RN FPS Online

[National Film Club - October 2026](#)

[RN Youth Network Pursuits - Book Club](#)

[RN Youth Network](#)

[National Book Club - October 2026](#)

Partner National

[Festival of Remembrance - Family Support Required](#)

To find other activities and events in the local area, you will need to be a member of the RN Forum and navigate to [Local Support](#)

Courses and Training

[Understanding Demand Avoidance in Neurodivergent Children \(Diagnosed or Not\) - Seminar](#)

[Child-Parent Relationship Training - In-Person](#)

[Individual Couple Support](#)

[Managing Big Emotions and Meltdowns Course](#)

[Parenting Children with ADHD Course](#)

[Are You a Working Military Family Spouse or Partner?](#)

[Neurodivergent Couples Course](#)

[An Introduction to Parenting Children with ADHD \(Diagnosed or Not\) - Seminars](#)

[Parenting During the Deployment Cycle - Seminar](#)

[Free Online Relationship Support Sessions for Serving and Veteran Naval Couples](#)

[A Space to Belong: Supporting Naval Families Through Creativity - Helensburgh](#)

[Understanding Demand Avoidance in Neurodivergent Children \(diagnosed or suspected\)](#)

[Free Parenting Children with ADHD course for Naval families](#)

[Free Autism seminar for Naval families](#)

[Free Intro to ADHD seminar for Naval families](#)

[Big Emotions - Free parenting course for Naval families](#)

[Parenting Children with ADHD - New Course 6th October](#)

[Valuing Forces Families Overseas: Early Engagement Webinar](#)

[Parenting during the Deployment Cycle - Seminar](#)

Forum Groups

Whilst we cannot provide the links to posts within the private groups, the following groups have had updates this month:

HMS Queen Elizabeth

Submarine Service

Headspace

HMS Somerset

42 CDO, L Coy

Members Matters & Chatters

HMS Tyne

43 CDO

Deployment

HMS Dragon

Initial Naval Training

HMS St Albans

Forum Facts

Latest Updated Information Areas

We are regularly updating the Information areas within the Forum to keep them current and relevant. This month we have updated the [Addictions](#), [Bereavement](#), [Cost of Living](#), [Employment](#), [Mental Health](#), [School](#), [Supporting Service Children](#) and [Travel](#) in the Information areas.

Account Support

Take time this month to check your account settings. Is your Email address up to date for example? Find out by clicking 'Settings' under your User Icon (top right all devices).

If you are not a Member, sign up here: [Registration](#)



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